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Penned famously by Charles Dickens in *A Christmas Carol*, these words capture not only the spirit of service to others that is the essence of the Junior League of Montgomery but also this special moment in time for our League’s legacy.

During the 90th Anniversary Celebration last year, we were reminded of all of the women who have come before us and given of their time, knowledge, and talents to lay a strong foundation on which we can continue to build. Now, we move forward with renewed purpose and vision to serve and support our local community each and every day in all that we do as an organization and as individuals.

The *League Logs* staff wants each of this year’s three issues to highlight the amazing work being done by your Junior League as well as the community organizations that we partner with and allow our readers to catch a small glimpse into the positive impact that these efforts make on individual lives.

In this first issue, we feature three of our grant recipient and community partner organizations with details on the mission of these organizations and how the Junior League of Montgomery was able to contribute resources and manpower to projects addressing specific needs. A large percentage of the grant dollars that the Junior League is able to award comes from our biggest fundraising event which also ushers in the most wonderful time of the year. As you will see, Holiday Market 2016 was a huge success!

We are excited to announce the return of our Rummage Sale and the addition of a new and unique spring shopping extravaganza that will support local businesses while providing proceeds that will be directly reinvested in the River Region.

This edition of *League Logs* takes a look at College and Career Night and spotlights one of our committees whose behind-the-scenes work is critical to the success of our meetings and events.

“Holiday Traditions” is back again as several Junior League members share their favorite holiday memories. From our Montgomery Junior League family to yours, we wish you a joyous holiday season!
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2016-2017

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For 91 years, the JLM has been promoting voluntarism, developing the potential of women and improving our community. We are more than 900 members strong and the impact of the JLM can be seen and felt throughout the River Region. The JLM is a mission based organization and through fundraising events such as College and Career Night, Holiday Market, Rummage Sale, and our newest fundraiser—Shop, Save, Serve—we are able to raise funds and give back to our community. During the 2016-2017 League year, the JLM will provide not only resources, but also trained volunteers, to the American Red Cross of Central Alabama, Brantwood Children’s Home, ClefWorks, Inc., Common Ground Montgomery, Dream Court, Inc., Hope Inspired Ministries, IMPACT Alabama, M.A.O./Medical Aids Outreach, Montgomery Education Foundation and True Divine Community Development, Inc. Our wonderful Sustainers will continue their work with the Montgomery Christian School. In addition, JLM also aids local nonprofit organizations through our Community Assistance Fund.

Our membership is comprised of working professionals, business owners, members of the military, students, entrepreneurs, mothers and grandmothers. We are both the young and the young at heart. We are diverse, and we are inclusive. We are a group of passionate, determined, engaged women who give freely of our time, talents and resources so that we may work together to be instruments of change. To Serve, To Lead.

I am always amazed at the generosity the members of the JLM show to those in need. This was evidenced during last year’s #90For90 Campaign in which our membership provided 90 (or more) gifts to various nonprofit organizations throughout the River Region. I am thrilled to announce that this member-driven event will continue again this year with our #All4One Campaign. Our membership kicked off this program by donating much needed gift cards to the victims of the recent floods in Baton Rouge, Louisiana. In December, we will continue the spirit of giving by preparing “Baskets of Love” for the Christmas Clearing House. It is so heartwarming to know that our members look for opportunities to bless someone less fortunate and, in so doing, often find that it is they that are truly being blessed.

The success of the JLM comes from the work of those that came before us combined with the work of our current membership to leave a lasting and meaningful imprint on the area we love and call home. To be the hands, feet and the heart of the River Region.

One Mission. One Membership. One League.

Gratefully,
Kelli Wise
Staying current is good. Staying ahead is better.

That’s just the way we do business.
Judy Rigdon has been actively involved with the Junior League of Montgomery since 1981, and her fun, adventurous spirit, compassion for others, and tenacity are contagious and evidenced in all that she does.

Serving as a school teacher for over forty years, listening to Judy’s stories will make anyone wish they had been in her class. Whether making world history come to life with hands-on projects such as mummifying chickens or leading students on international trips through London, Paris, and Rome, Judy has a passion for education and learning. She went into teaching because she “knew all children could learn and enjoy school; they don’t all have to be Rhodes Scholars.” Judy led over thirty international trips with 8th graders during her tenure with the Elmore County School system and taught World History, American History, and Physical Education. She says, “I always had fun with people and that kept me active and engaged with sports. History and American History were a hobby.”

Her love for international travel and sports flowed naturally into her service with the Camellia Bowl and as an Alabama Goodwill Ambassador for Maxwell AFB. When asked what inspires her to become involved, Judy thoughtfully replied that “the world is not going to revolve if you don’t have volunteers. There are more positions that need filling than there are people to fill them. That is why when Raycom announced they needed volunteers, I immediately picked up the phone and called.” Judy can be found on Camellia Bowl Saturday at the ESPN Zone welcoming visitors and collecting tickets. She also assisted another JLM sustainer, Barbara Grimes, last year with a painting luncheon especially for the coach’s wives at the Montgomery Country Club. The ladies who participated were treated to lunch and a painting class that Barbara conducted. Barbara told us that Judy is “always so eager to jump in and serve our community.”

As an Alabama Goodwill Ambassador, Judy hosts families that are stationed at Maxwell for the International Officer and Squadron School. These officers and their families come from across the globe, and volunteer-hosts such as Judy welcome them and make their stay in the River Region feel a little bit more like home. She introduces them to the area and helps them become acquainted with places to shop and eat. Always going the extra mile and reflecting her passion for travel and teaching, Judy escorts her families on short trips out of town to learn about our history and culture. Most recently, she hosted a student from Burkina Faso, a land-locked country in Africa, and took him to Tuskegee to see the Tuskegee Airmen National Historic site. According to Judy, “You help them while they are here, but really I learn more from them.”

Judy credits her love for serving others to her mother and father who taught her from a young age to be so thankful for her blessings and to always
have compassion for others. For Judy, one need not look far for opportunities to serve. “I help where I can. If you see something that needs to be done, just do it.” This attitude continues to motivate Judy as she works with the Respite Ministry at First United Methodist Church and continues to serve with the Junior League through the Sustainer Committee.

When Judy first joined the Junior League in 1981, she had just moved to Montgomery and had no adult camaraderie since she was in the classroom teaching all day. She said she really needed that and wasted no time jumping in and getting involved. As an active member, Judy volunteered with Rummage Sale, the Horseshow, Holiday Market, and the 39’ers. Now as a Sustainer, Judy remains involved with Rummage Sale and Holiday Market by volunteering at the Sustainer Booth. Barbara Grimes added that “Judy continuously has great enrichment ideas for our sustainers to stay engaged with each other and always keeps us in stitches!” Judy would like to encourage other sustainers to join the committee and come participate—you are sure to have a good time!

“Judy is “always so eager to jump in and serve our community.””
—Barbara Grimes
The lobby has been completely renovated. The middle room upstairs has been redesigned as a “café”, and where there once was a small classroom, there is now a beautiful, new counseling office. The big room at the rear of our building was retrofitted and now has five new classrooms. Where there was once a non-functional wasted space, there is now a wonderful new conference room. Additionally, two more classrooms and the hallway were completely renovated.

We genuinely believe that our children deserve to learn and grow in a safe and comfortable environment. The Washington Park neighborhood has so many dilapidated homes, graffiti, and overgrown lots. It is a priority that our children have a clean, comfortable, and beautiful space to come to in the afternoon. Our program has also grown in size and need tremendously over the past years. All of these factors prompted the renovations.

However, none of these changes would have been possible without the support of the Junior League of Montgomery and your amazing volunteers. Their work ethic and heart for our ministry fueled their energy, and it was contagious. They scraped, painted, demolished built-ins, and pulled up linoleum. No job was too big for them! It was an honor and blessing to work alongside each of them.

Because of the generosity of the Junior League of Montgomery, over 150 children have an amazing place to learn and thrive in during their time with us. We have more classrooms than ever and that has allowed us to increase enrollment and meet the needs of our neighborhood. Adults and kids are able to get counseling in a private room. The children can hang out in the cafe and do Bible studies. CGM’s staff has a conference room to meet in on a weekly basis. The impact is tremendous and we genuinely thank JLM for all you have done!

We hope you will stop by soon or schedule a tour to witness firsthand the exciting changes that have happened over the past two years.

Continued on next page >
We painted a lot (a LOT) at Common Ground Montgomery this summer. We did demolition, patching, sanding, and cleaning work and saw new floors and furniture go into classrooms and a conference room. But mostly, we painted.

That wasn’t the most memorable part of our experience, though. From day one, the passion of our Common Ground staff counterparts was the most striking part of the project. They shared stories about the Washington Park neighborhood and the work that Bryan Kelley and Common Ground have been doing there for over a decade.

In a neighborhood with way too many gangs, too many drugs, and not nearly enough fathers, the CGM team has worked to be a refuge and pillar of strength for some of Montgomery’s least advantaged children. Every Saturday we spent renovating classrooms and common spaces at Common Ground was an opportunity to be a part of the island of hope and love CGM has built at 1516 Mobile Road.

You can see the amazing transformations of the physical spaces in the photos, but what you can’t see is the impact this work had on us. Our group was diverse, with some seasoned JLM members and some first year actives. We shared some similarities and in other areas brought different skill sets and experiences to contribute. But, by the end of the summer, we all had one thing in common—we were “all in” for Common Ground Montgomery.

I am grateful to JLM for giving me the chance to lead an amazing team of women. There was sweat, dirt, broken nails and ruined clothes, but not one complaint. Not one of us would exchange our time there for a lazy Saturday at home. For all of the paint we put on the building, the people we met in the Washington Park community painted our hearts with passion, commitment, and hope for the future of Montgomery.
Welcome 2016–2017 Provisionals!

Celebrating sixty-three new ladies

BY LORI WILLIAMS

On August 22nd, the first provisional meeting of the year was held at the Junior League of Montgomery office. Ladies were welcomed by current active members and enjoyed social time over refreshments before taking their seats to begin formal introductions and an overview of the expectations for the upcoming year.

Sixty-three members strong, this year’s provisional class is as diverse as it is dynamic. From a meteorologist, an Associate Dean at Alabama State University, and a third year law student to a federal employee who also does ministry work in her spare time at Tutwiler Prison and a military wife who works with exchange students while balancing consulting work, fundraising and serving as President-elect for a local Rotary Club, the Junior League of Montgomery continues to grow and attract women from all walks of life.

In addition to provisional meetings, perspective members will attend general membership meetings, participate in education and training opportunities, volunteer with our in-league fundraisers such as Holiday Market and Rummage Sale, and serve on a mini-placement that is specially selected by each incoming provisional class.

The provisional year is just the beginning of many opportunities to make new acquaintances and serve the local community while developing the leadership potential within each member.

“I am a member of another civic club in Montgomery, but I wanted to do something that is geared toward women and to be a part of a younger group.” -Valerie “Val” Cobb

“I joined because it is important to be around strong individuals. The Junior League is full of strong women.” -Ginger Hahn

“When I heard President Obama say he did service in the community, I was inspired to also get involved. I wanted to do something outside of my job and church to give back to the community—do something I have never done before.” -Brenda Burgess
2016–2017 Provisionals

Jawandalyn Brooks
Sharon Calhoun
Valeria Cobb
Jina DuVernay
LaWanda Edwards
Kalandra Haynes
Mona Hurston
Deborah Johnson
Yeteva Johnson
Alexsis Lunn
Sondra Reese
Kendra Rhodes
Lita Chatham
Peyton Flowers
Maryanna Jackson
Lindsay Lupo

Bailey Mckell
Katie Naman
Rachel Pickett
Katie Richard
Victoria Robinson
Laura Leigh Scott
Amy Williamson
Nisha Wilson
Emily Wise
Jerusha Adams
Autumn Bailey
Erica Bell
Joy Bernard
Katina Bonner
Caroline Chapman
Connie Dacus

Tera DuVernay
Krishula Edwards
Ursula Means
Ashley Spencer (Baker)
Bridgett Tyner
Courtney Atcheson
Betsi Boutwell
Brenda Burgess
Julie Cooley
Amanda Curran
Jennifer DeBoer
Ginger Hahn
Rebecca Hails
Hannah Kennedy
Maggie Kuykendall
Rachel Loftin

Lora McClendon
Jennifer Anderson
Swayze Reeves
Hollie Worley
Belinda Johnson
Misty Runyon
Holly Saliski
Corette Scott
Emily Short
Carolyn Singleton
Brittny Sturgeon
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The end of the year leads way to many changes. As the holidays roll in, each of us are called on to fill different roles. We become event planners, party hosts, and travel agents, all in addition to our routine responsibilities of working professional, parent, and volunteer, to name a few! We take on these challenges because our families need us, and our colleagues need us! We stretch ourselves so thin, and desire starting the New Year with a healthy work-life balance.

Taking advantage of the energy of a new year is the perfect time to tweak and shift for a healthy work-life balance. How do you manage all of these priorities? How do you navigate your way and maintain a sense of control? Now, of course, there isn’t a proper formula, but there is a way to maintain productivity through the busy and ever-changing times. Make a New Year’s Resolution for Healthy Work-Life Balance, and in making your resolution, keep your goals specific, simple and achievable.

Here are a few tips to help you stay productive from Alana Barranco, Consultant for SummaSource’s Organization Consulting Unit at Auburn Montgomery, mother of two, and community volunteer:

**TIP 1: ZERO YOUR INBOX**

Email can set the tone for your day. Trying to be productive with an overflowing inbox can be distracting and overwhelming. Having a system to process email can help you get the crucial information out of the email then file it away.

**TIP 2: KNOW YOUR PRIORITIES**

By keeping your eye on the top priority, it is easier to filter your energy and activities to achieve your ultimate goal. Make a plan around those priorities and stick to it!

**TIP 3: LEARN HOW YOU WORK**

Figure out how you work- What time of day are you most productive? What activities energize you? What activities take you off track? Do you work better with a hard deadline? Once you have analyzed how you work capitalize on when and how you are most productive!

**TIP 4: KNOW YOUR TOOLS**

Be aware of how you spend your time. Technology can be a game changer in terms of productivity. Often people aren’t aware of the power of their computer, phone, email, or an app.
There is no need to implement lots of change in your life to help you save time and boost your work-life quality. Small changes can make a big difference. Take these four tips, pick one that would be easy for you to implement, and then work to implement them in the weeks ahead so that you can start 2017 with more energy and a healthy work-life balance. SummaSource at Auburn Montgomery specializes in one-on-one productivity, and can help you learn to take advantage of your computer's capability. Learn how to mail merge, create drop down menus in Excel, link contacts to emails in Outlook through SummaSource's productivity consulting. We offer one-on-one sessions that analyze how you work then help you make adjustments so you are working more efficiently. So if you are stretched thin this holiday season, contact SummaSource at Auburn Montgomery, and we can help you with each of these tips, and help you start the New Year with New Perspective and, a healthy, organized work-life balance, and enhanced productivity.
“The Montgomery area and the surrounding area is a large area for the students we get who attend Troy. Being a part of the College Fair gives us an opportunity to target the students in this area. It also gives us the opportunity to share scholarship information and provide information regarding degrees.”
–Jennifer Gardner, Troy University Admissions Counselor

“Why do you continue to support JLM and the College and Career Fair every year?

“The College and Career Fair is a great venue for students interested in SCAD to meet us and see what our college has to offer. This College Fair is special to me because I am a Junior League Sustainer and I get to come back and support JLM. I didn’t have the opportunity as an active member to participate in this event but now I can as an Admission Director.”
–Fran Jones (Sustainer), SCAD Assistant Director of Admission
For 32 years, the Junior League of Montgomery has recognized and provided students and parents with a wealth of valuable information and has introduced them to opportunities that they may have otherwise never considered. On September 12, 2016, Junior League Montgomery hosted its largest College and Career Night to date.

Representatives from over 100 colleges, universities, technical, military and vocational schools from across the country were available to meet with students and parents, answering questions and providing information on topics ranging from ACT scores, degrees, and class sizes to the on-campus experience and much more.

Buses and cars filled with students, parents, guidance counselors and administrators from over 14 counties across the state traveled to attend this event at the Renaissance Hotel and Spa Convention Center. Before the estimated 3,500+ attendees rushed through the doors with excitement, they were greeted by scholars from Valiant Cross Academy who served as ushers passing out souvenir bags, maps and Scholarship Guides with over 150 pages of details about available scholarships, grants, and loans.

Many in attendance like Ahriana Coleman, a Junior at Park Crossing, had an idea of where they wanted to attend school but were interested in seeing what other schools had to offer. “I came here to explore and expand my options. University of Georgia is my 1st choice. Although, I’ve always wanted to go there, the College and Career Fair gives me the chance to talk to other schools as well.”
The value of this night is not only important to future college students but also to the many institutes who continue to support the College and Career Fair each year. Junior League Sustainer, Fran Jones, is always thrilled to attend as the Assistant Director of Admission for Savannah College of Arts & Design. “This College Fair is special to me because I get to come back and support the Junior League. Students from over 50 states and countries attend our college, and this is a great venue to meet future students and let them see what SCAD has to offer.”

Jennifer Gardner, Admissions Counselor for Troy University, said the evening is always a success. Troy is a major supporter of this event. The Montgomery area and the surrounding areas make up a large portion of students who attend the university. “Being a part of this College Fair provides us with the opportunity to share information regarding scholarships and degrees. It also gives us a chance to meet future students.”

One of the highlights of the night was the drawing for the $500 scholarship that was raffled off by the Junior League of Montgomery. The lucky recipient was Myeshia King, a senior at Hillcrest High School in Evergreen, AL. Parents and students also had the opportunity to attend financial aid seminars that provided information about ways students can further their education. These seminars were conducted by Troy University and Potential Magazine with amazing feedback.

Theresa Patterson served as the chair for the 32nd Annual College and Career Night. Patterson and her committee are proud to have had the opportunity to be a part of a tradition that provides an outstanding service to the community. Patterson is overjoyed with the turnout and has claimed this College and Career Night as the best Junior League project this year. A special thanks to WSFA for their coverage during the fair and WAKA for the morning interview and support. Alabama Power was our major sponsor along with Troy University and Brewbaker Motors.
“I hope to become more knowledgeable about what to do so I can attend college like what scores I need on the ACT so I can start preparing now. I am getting a lot of information from the College Fair. It’s helping a lot.” –Quenecia Page, High School Junior at Loveless Academy Magnet Program

“How has college and career night impacted your college or university selection?”

“I came here to explore and expand my options of what other schools have to offer. University of Georgia is my 1st choice. I run track and I am impressed with their track program. Although, I’ve always wanted to go there, the College Fair gives me the chance to talk with other schools.” –Ahriana Coleman, High School Junior at Park Crossing High School

“I am here trying to see what everyone (colleges & universities) has to offer. I’m undecided on where I want to go. Most of my school choices are here so that’s a good thing. I’m getting a lot of good information. I’m also hoping that I get that scholarship from the drawing.” –Adam Peck, High School Senior & SGA President at Loveless Academy Magnet Program
Excitement was in the air as JLM ladies visited with old friends, welcomed new members, and learned what the upcoming year has in store.

Announcing the theme for this year “Serve Local, Lead Local”, Kelli reminded us that everything we do as a league directly impacts individuals in the local community in which we live, and there is much work to be done. She thanked each member for their desire and willingness to serve the community that has given so much to each of us.

There was no better way to highlight this theme than by hearing from three of our community placements that have been hard at work over the summer. Members of our Common Ground, Montgomery Education Foundation, and Brantwood Children’s Home placements shared personal stories of not only all that the Junior League was able to accomplish through our partnership but how they were touched by their interaction with the staff and children these organizations serve. To learn more about these wonderful organizations, please see the articles in this issue.

The ladies were also introduced to a brand new fundraising opportunity—Shop, Save, Serve. This will be a great fundraiser as 100% of the proceeds will go directly back into the community. Be on the look-out for more details as they are revealed.

Just before the meeting adjourned, it was announced that our league collected gift cards to donate to both the Junior League of Baton Rouge and the Junior League of New Orleans to assist flood victims. Several members of these sister organizations lost everything during the flooding in August, and we were glad to step in and offer support. We would like to especially thank Wynlakes Golf and Country Club for hosting our meeting.
Low income children experience as much as 2-3 months academic loss in reading and math during the summer. The Brain Forest works to prevent that loss.

Two hundred and forty rising fourth, fifth, and sixth graders gathered at Carver High School for the full-day, five week academic enrichment program. Through various academic and recreational programming, students were provided a summer experience of a lifetime with one goal in mind—no academic loss during the summer months. The goal was achieved! Pre and post testing confirmed that on average there was zero learning loss in math and reading. In addition, students experienced a 7% gain in reading and a 4% gain in math.

Students also received cultural and arts enrichment, physical activity, and nutritious meals and snacks. Brain Foresters began each morning with breakfast, followed by four hours of academic instruction, led by certified teachers using project-based modules and novel-centered learning activities. After lunch, students participated in a variety of physical fitness and enrichment activities that included kayaking, archery, swimming and horseback riding, as well as financial literacy and STEM projects focused on robotics, chemistry, and engineering. Every Friday, Brain Foresters extended their learning beyond the classroom by participating in field trips throughout the Montgomery area, including the Civil Rights Memorial Center, the Museum of Fine Arts, Old Alabama Town, Alabama Department of Archives and History and the Montgomery Fire Stations.

The Brain Forest Summer Learning Program specifically opens opportunities for students and families who qualify as low-income and is provided at no-cost to its families through grants, donations, and voluntarism.

The program also provides employment and professional development for certified teachers and classroom assistants throughout the entire five weeks and one additional training week, allowing for earned CEU credits and tangible lessons and
resources for their upcoming school year. It is a learning laboratory for students AND teachers.

“Each year, we have one major goal and that is to prevent our students from experiencing academic loss during the summer,” said Ann Sikes, Executive Director of the Montgomery Education Foundation. “It is amazing to see what a difference five weeks can make! This would never be possible without the support of generous donors like the Junior League.”

Continued >
On my first day at the Montgomery Education Foundation placement, I was directed to accompany a class on their way to ride a hover board. This cool contraption was provided by the STEM lab at Maxwell AFB. The “hover board” was a leaf blower motor attached to a circular piece of plywood with a chair anchored to the wood. I listened intently to the instructor and watched her demonstrate the mechanics and appropriate operation of the device but laughed as a few kids dramatically commented that they were “going to die” in their attempt to conquer the hover board – it only lifts off the ground approximately six inches. Overcoming any initial apprehension, each student wore a big smile after taking their turn on the board, and I have to admit that it did look like fun!

The class had been studying the physics of this sci-fi contraption, and I got to witness, as Wittgenstein predicted, the fun they had while experiencing an “ah-hah” moment of seeing their knowledge put into action.

The Junior League members worked extremely hard during the five week placement in June and July with the Montgomery Education Foundation. Many of us who volunteered for this placement assumed we would be working more one-on-one with the students, but our roles were far more varied and unusual.

For example, one of our volunteer opportunities was working in a garden. This project was scheduled for completion prior to our placement beginning but was, unfortunately, behind. So, our committee jumped in and finished the task. Our committee was also in charge of an Incentive Store one day each week where kids were allowed to select prizes. We were amazed at the prizes that were selected over others we thought for sure would be big hits.

We did have the opportunity to work with teachers and students by organizing tests, preparing field trip handouts, chaperoning field trips, helping with administrative tasks, and prepping snack bags.

In addition, each grade was assigned a book to read during the program. The books included: Out of My Mind by Sharon Draper, Wonder by Raquel J. Palacio, and The Lemonade War by Jacqueline Davis. We had the pleasure to read what the children learned through each of these books as we hung their assignment posters in the hallways. I personally walked the halls with tears in my eyes reading their responses to “what would you do if you were in the same situation the characters were in?”. If you have not read these books, I strongly encourage you to take a moment and give them a try. They are powerful stories for any age!

“"If people did not do silly things, nothing intelligent would ever get done."” Ludwig Wittgenstein

BY ALLIE JONES
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A bustle of activity and focused energy mark the hours before the Junior League’s General Membership meeting. Prior to vying for parking spaces or seeing welcoming faces, hours of preparation have converged to set the stage for a successful social hour and meeting to follow. The Arrangements Committee is one of the first to begin working behind the scenes orchestrating the set-up of the tables and chairs for the comfort of members and arranging the spread of snacks and beverages for our enjoyment and consumption.

The charge of the Arrangements Committee is to set up, provide food, decorate, clean up and occasionally publicize JLM meetings and other events. This often “invisible” work will be performed throughout the year at General Membership meetings, Speak-Up Sessions, as well as the Holiday Open House. The committee will provide coverage for all of these events, arriving early to complete set up duties before the members arrive, and staying afterwards to clean up once the meeting adjourns. However, the duties of the committee members reach beyond those of just set up and clean up. Their time and energy is also invested in a myriad of planning, purchasing, and preparation in an effort to make meetings a little more enjoyable for attendees.

Although food and beverages are not “essential” to holding a meeting, this act of hosting and fellowship is an expression of appreciation the Junior League of Montgomery extends to its’ membership. “We often ask members to attend meetings after a long and often tiring day. Serving something to eat and drink is just one small perk of attending. It is a way of saying thank you for coming” stated Arrangements Committee Chair, Tamela Selmar-Burks.

Ms. Burks is no stranger to serving in a leadership capacity within the League and is very excited about this opportunity to continue to serve and to learn. “The Junior League trains women how to become leaders and provides a clear path for volunteerism.” Ms. Burks expressed that it is her desire to have the committee conduct their work seamlessly and efficiently while enjoying themselves at the same time.

Ms. Burks’ aim for the committee is to help create a pleasant atmosphere and to be responsive to member’s preferences whether accomplished by brightening the room with a bouquet of flowers or having a chilled bottle of Moscato to greet members. To assist her with this aim, 5 other dedicated members serve on the committee. They included Freida Luster-Barregarye, Christine Cook, Laura Eubank, Mallory O’Daniel, and Margaret Whatley. Collectively, this Arrangement Committee boasts nearly 30 years of Junior League experience! So, the next time you enjoy a nibble on some delightful delectables or indulge in taste of the grape during your next membership meeting, feel free to give a nod of appreciation or a thank you to the Arrangements Committee!
May your days be Merry & Bright!

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General Membership Meeting
January 10, 2017

Rummage Sale
February 4, 2017

General Membership Meeting
March 7, 2017

Shop, Save, Serve
March 9-19, 2017

General Membership Meeting
May 9, 2017

Holiday Market
Second week of October, 2017
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Every year, Holiday Market is a centerpiece of the Junior League of Montgomery’s activities and fundraising initiatives. This year is no exception. This year we updated our look with a new logo and introduced more special events for our shoppers.

With over 119 merchants providing new, exciting items as well as tried-and-true favorites, the 28th Annual Holiday Market is one that will be remembered for years to come. Our Holiday Market has become one of the most popular events in the area drawing more than 8,000 shoppers. Merchants love our market so much that they come back year after year, and this year’s merchant roster was filled with a mix of returning and new merchants by early July!

The planning for Holiday Market begins months in advance. Despite that early work, transforming a 70,000 square foot empty room into the Holiday Wonderland shoppers experienced was no easy feat. Over 2000 member volunteer hours are necessary each year during Market Week to pull off a successful event. Set-up began early Monday morning and continued in full force until just before our Preview Party on Wednesday evening. The classic colors of Christmas wrapped our 22-foot Christmas tree sending a message to all attendees that this year’s Market was special.

This year we took to Facebook to generate excitement not only in the events of the Market but also in our Merchants. Each Merchant was profiled leading up to the Market. The Merchant profiles all received hundreds to thousands of views. Two big giveaways
were done prior to the Market and the first post generated over 26,000 views. The excitement was seen each day based on the positive comments about the Market, Merchants and Shoppers.

The Preview Party has become the Market’s showcase and sponsor appreciation event. It is an opportunity for our League Sponsors and other attendees to have the first opportunity to browse the wares our merchants have on display and take home unique gifts for themselves and loved ones. This year’s event featured a giveaway from Ex Voto (a specially designed necklace named “Lillie” after our first President Lillie Lee Minier), a Photo Booth, sparking lights and live music. The Silent Auction was a spectacular event featuring items from golf to art to destination vacations, thanks to the hard work of the Silent Auction Committee and Fund Development Committee as well as the generosity of the bidders in attendance.

We were happy, once again, to invite local schools and church children’s groups to perform during the official Holiday Market hours on Thursday through Saturday. Participation was high this year, and it was wonderful to provide a venue for many groups to perform that have obviously worked so hard on their musical and choral presentations.

The Holiday Market and Football are traditions in Montgomery, and to honor those traditions, we added Spirit Night to the Market this year. It was a great way to end the first night. We were able to offer all shoppers the chance to win baskets filled with gear and tickets from Alabama, Auburn, AUM, ASU, Faulkner, Huntingdon, Troy, and South Alabama. We topped the evening off by giving away a pair of Iron Bowl Tickets.

Girls’ Night Out, a Friday night favorite, provides an opportunity for girlfriends to take time out and shop together. The first 200 shoppers received shopping totes sporting the New Holiday Market Logo, and all shoppers were able to take advantage of the discounts the Merchants were providing in their booths. During the Event, everyone in attendance was entered to win an Ultimate Day Spa Package from Doug’s 2, a $150 Gift Certificate from Montgomery Anesthesia for a HydraFacial MD, a basket of L’Oreal Products, and a Manicure/Pedicure for The Spa of Montgomery.
Our Sustaining members provided an exciting addition to this year’s Holiday Market. The JLM Sustainers sold adorable art canvas sets for kids. The booth was immensely popular, and we are thankful that our Sustainers are active and supportive of our continued good work as a League.

Saturday has become family day at Holiday Market. This year, children and parents were able to have breakfast with Santa followed by photos with Santa and ended with decorating ornaments and Reindeer cookies. Santa was available to all children that attended the Market for a head start on those Christmas requests and photos.

From Wisconsin Cheese to home decor and clothes to fine jewelry, the 28th Annual Holiday Market had something for everyone. On behalf of the 2016 Holiday Market Steering Committee, thank you to everyone who helped, shopped, donated and otherwise supported this amazing fundraiser. The Holiday Market is not only a fun and festive event, but one, among many, of the ways the Junior League of Montgomery is able to continue partnering with community organizations and supporting efforts to make Montgomery an even better place to be.

Mark your calendar now for 2017:
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The Junior League of Montgomery’s focus is serving and leading in our community. In order to be our very best, we must be physically strong, intellectually stimulated, socially connected, and intentionally growing our leadership capacity. The Education and Training Committee is committed to creating events that will assist in encouraging and growing each member to be a servant leader. Servant leaders enrich the lives of individuals, build better organizations within our community and ultimately create a more just and caring world. The Junior League of Montgomery is an organization committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. For our mission to be accomplished, learning together is vital.

The Education and Training Theme for 2016-2017 is Learning and Leading in 3-D. The education and training events are designed to enrich our lives with new content, provide opportunities to expand our knowledge, create settings for social connection, and offer experiences that allow our minds and bodies to be strengthened. As we learn in 3-D, we will live and lead in 3-D by modeling the actions we desire to see in our world, connecting with other women, and inspiring those we encounter. In the media, at the coffee shops, and in our homes, we hear how people in our world are self-centered, lacking an awareness of the need to serve, and simply behave in a way that is unacceptable. As Junior League women, it is our responsibility to model the behavior we desire to see. As we lead in 3-D, we are challenging each member to live with more enthusiasm, more focus, more kindness, more encouragement, and more service. As we model the behavior we desire to see in our world, the Junior League is better, our community is more positive, and our world is impacted. Leading in 3-D as we grow physically, mentally, and socially, requires us to be intentional about connecting with the women with whom we serve. As we serve and lead locally, connection is not automatic. We must be intentional about connecting with those around us by having more meaningful conversations, asking more questions, and choosing transparency in our own lives. Modeling the behaviors we desire to see and intentionally connecting with those with whom we learn and lead, we ensure that we will live inspired. As we lead in 3-D, it is important that we desire to inspire those we have connected with hope, energy and encouragement. Life is hard. Leading is messy. As we learn and lead with Junior League of Montgomery women, the journey is a blessing as we give to our community, volunteer together, and grow mentally, physically and socially.

Please share your thoughts, comments, and suggestions to the 2016-2017 Education and Training Committee at JLMeducationandtraining@gmail.com.

Be Intentional. Serve Local. Lead Local.

► When you intentionally live the best version of you, you inspire others to live the best versions of them.

BY NICOLE PINKHAM
Learn, Live and Lead in 3-D
EDUCATION AND TRAINING
CALENDAR OF EVENTS

October 2016
* Pure Barre Class—Peppertree Location
* Holiday Market—Decorating for the Holidays
* Save the Ta Ta’s at the Montgomery Cancer Center with Guest Speaker Ronda Walker
* Leading with Purpose, Serving for Impact Lunch and Learn

November 2016
* Voting Selfie
* Baptist Health Presentation
* Homelessness and How to Serve Local and Lead Local

December 2016
* How to Prevent Identity Theft

January 2017
* Human Trafficking in Alabama
* Zumba Junior League Style
* Servant Leadership in Our Community

February 2017
* Heart Association Celebration—Wear Your Red Dress Event
* Spring Cleaning: How to Organize Your Home

March 2017
* Sweet Home Alabama—How to Plan a Perfect Getaway
* Leadership, Communication, and Connection Lunch and Learn

April 2017
* The What, Where, and Why of Social Media
* Pure Barre Class
* Digital Cheetah Training

May 2017
* Preparing for Summer—Skin, Exercise and Nutrient Basics

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FAITH. EXCELLENCE. SERVICE. THIS IS CATHOLIC.
Taking place at the Alcazar Shrine centrally located on the Eastern Boulevard, the 62nd iteration of the sale is looking to build off the success of last year by offering mainly appliances, furniture, and home décor items.

The one-day flash sale is being staffed by a hard working committee of eight and will lean heavily on League support with set up taking place on Wednesday through Friday leading up to the sale. Sustainers will man the popular Value Shop on Saturday.

Rummage Sale Chair Susan Reed says that having storage drop off dates each month leading up to the sale has been well received and allows members some flexibility to get their Ways and Means as well as shifts completed. Storage already has some eye-catching items perfect for the Pinterest inspired. These are waiting patiently until February! First Klass Movers and Aronov have each kindly donated storage space for the League's use.

Pricing guides for rummage and tax forms are available online in Digital Cheetah for League members. Each member is asked to donate at least $50 worth of furniture, appliances, linens, holiday decorations and home décor or valued items for the Sustainer’s Value Shop to satisfy Ways and Means.

Many League members are going to be refreshing their homes, cleaning out clutter getting ready to host holiday parties, and what better place to take those no longer needed items than The Rummage Sale?

Marie Wise Styles, a former Rummage Sale Chair, encourages everyone to think about including towel sets, sheet sets and bedspreads, saying they are always extremely popular. If you have any questions regarding your rummage or need to access storage outside of one of the remaining drop off dates, reach out to the Rummage Sale Co-Chair Elizabeth Stough.

Tickets go on sale January 10th and are only $3. Tickets may be purchased at Barb’s on Mulberry, My Kids Attic, and the League office. Day of general admission tickets will be available for $5.

With items destined for your latest pinned project and a fun atmosphere, The Rummage Sale has the makings of a great Saturday!
More than seventy sustainers gathered on a warm September evening for the second annual wine and cheese party to kick off the new league year. Jean Anderson graciously hosted the group in her lovely home. Barbara Grimes, current sustainer Chairman, welcomed everyone and gave an update on upcoming Jr. League events and sustainer outings. Barbara also encouraged sustainers to share their ideas and visions for the sustainer group as it moves forward. Kelli Wise, League President, and Felicia Long, League Vice President, were present to visit with sustainers and share in the festivities and enthusiasm of the revitalized sustainer group. Sustainers enjoyed having the opportunity to reconnect, reminisce and learn about League happenings and sustainer events.

The dining room table at the Anderson home was covered with delicious appetizers and dainty desserts, all prepared by sustainer volunteers on the social committee, chaired by Charlene Holtsford. Sustainers assisting Charlene with committee duties were Nancy Butner, Katherine Crum, Barbara Grimes, Sophia Johnson, Judy Kyser, Cathy Pearson, Marti Rice, Judy Rigdon, Millie Rocheleau, Cindy Sahlie and Bonnie Shanahan. Jean Anderson volunteered her talents to create the fabulous flower arrangement anchoring the table center.

Last year’s 90th anniversary of the Junior League of Montgomery was incentive to encourage and motivate the sustainer group to reorganize and enhance its involvement with the League. The interest and participation continues to increase in both the social events as well as sustainer service projects held throughout the year. This year sustainers will be volunteering again at the Holiday Market and the Rummage Sale, in addition to volunteering at Montgomery Christian School and the Christmas Clearing house. Other sustainer activities planned this year include an excursion to the Southern Living Idea House in Birmingham as well as a visit to New York City.

If you know someone who would like to reinstate their Sustainer membership or a current Sustainer looking for fellowship and service to the community, encourage them to get involved. For more information on how to get involved with the Sustainer group, call the Junior League office at 288-8816. Now is the time to join the League AGAIN!
It has truly been an honor to serve as the Brantwood Placement Chair this year. Our project for this year is called Project Angel Friends which gives us the opportunity to be a support system for the children through various events.

Our placement started with our shopping days to help the children pick out their uniforms for the upcoming school year. We had two separate shopping days in July and although the first shopping day did not go exactly as we had planned, everyone made the best of it. The two children who were able to attend had a very special and memorable day.

During the second shopping day we had almost twenty-five children, and I was so impressed with the patience and grace that each League member had throughout the day. Due to limited quantities of sizes, many of the children had to try on multiple items to find the perfect fit. Despite multiple fitting room visits, the children all had positive attitudes and never once complained. For some of the children, it was the first time they had tried on and purchased new clothes and to see their excitement when they found their new uniforms was extremely humbling.

On August 20, 2016, we had a back to school pizza and ice cream social at Brantwood to give the children a fun event celebrating the start of a new school year. During the social, League members had the chance to play games with the children and talk with them one on one. We were also given a tour of the campus and learned about the three programs Brantwood offers and ways we can continue to stay engaged and support the children.

In the coming months, we will have opportunities to support the children at their sporting events, attend birthday parties, help with various volunteer needs, support Brantwood fundraisers and be a constant support system for the children.

The Brantwood Committee is made up of the most compassionate, flexible and sincere group of ladies I have had the pleasure to work with, and I am so excited that we can continue to provide support for the children and staff at Brantwood.
Keeping with the theme of the Holiday Season, the Junior League of Montgomery is pleased to partner with the River Region’s finest businesses to offer you the opportunity to both give and receive this upcoming spring. We invite you to shop with a purpose during the first annual Junior League of Montgomery’s Shop, Save, Serve charity shopping event.

The Shop, Save, Serve shopping event gives you the opportunity to donate $30 to the Junior League of Montgomery and receive a Shop, Save, Serve shopping card. Shop, Save, Serve card holders will receive up to a 20% off discount to participating retailers during the shopping event.

The Shop, Save, Serve shopping event will take place for ten days, March 9th-19th, 2017. A shopping guide that lists all the participating retailers, restaurants and service providers, along with a description of the businesses, their locations and any exclusions from the discount is provided with the Shop, Save, Serve card. Your entire donation will support the Junior League of Montgomery’s 2016-2017 community projects. Shop, Save, Serve Shopping Cards will be available for purchase January 2017. For more information, please visit jlmontgomery.org.

*If your business is interested in partnering with the Junior League of Montgomery as a Shop, Save, Serve Retailer, please visit jlmontgomery.org or contact the League Office, 334-288-8816.
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Glory to God in the highest heaven, and on earth peace to those on whom his favor rests.
Luke 2:14

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Approved by the FDA in 2014, this new technology provides a three-dimensional image of the breast and uses a low-dose short X-ray exposure.

“We are pleased to be working with GE Healthcare to provide women with a more precise screening tool available to help detect breast cancer,” said Susan Reed, administrator of the Montgomery Cancer Center. “When cancer is identified and treated earlier, we know women have a better rate of survival.” This is the most dynamic advancement in breast care since the introduction of digital mammography in 2002. Baptist Health is the only healthcare provider in the River Region to offer this level of care to the public.

Three-dimensional mammography, also referred to as Digital Breast Tomosynthesis (DBT) or tomo, is one of the latest technological innovations in women’s healthcare. It enables images of the whole breast to be taken in slices, and then reconstructed in 3D. This helps to enable doctors to see all around and between the breast tissues to help perform an accurate analysis and search for possible abnormalities.

A 3D mammography exam is similar to a standard mammogram. The main difference is that during the scan, the X-ray tube will move to capture multiple images of the breast from different angles. Three-dimensional mammography is performed with the same level of compression and takes approximately the same amount of time as a regular two-dimensional mammogram.

“Think of yourself reading a book. A traditional two-dimensional mammogram would allow you to read the front cover and the back cover. The three-dimensional mammogram allows you to look at every single page,” Reed said.

“The purchase and installation of this nearly half of a million dollar technology marks a significant step forward in helping our clinicians detect breast cancer,” said Reed. “At Baptist Health, our goal is to provide our patients with the most effective ways to battle cancer from every possible angle, with innovative procedures, medicines and technology.”

Beyond the imaging capabilities, this technology will reduce anxiety. Often, if a doctor sees something on a mammogram that is suspicious, a patient is “called back” and asked to return for more pictures to be taken. With the three dimensional process and the ability to measure and read dense breast tissue, patients will experience less of those types of nerve wracking phone calls.

The three-dimensional mammography technology will be available at Baptist Breast Health, located at 6880 Winton Blount Boulevard, Montgomery. It will also be offered at Montgomery Breast Center, located at 4145 Carmichael Road, Montgomery. No additional physician order is needed to receive a three-dimensional screening. If you have questions if this service is covered by your insurance, please contact one of the breast centers for verification at 334-273-4490 or 334-387-1120. For more information, visit baptistfirst.org.
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**Holiday Traditions**

The holiday season is a wonderful time of the year when families and friends are gathered together and create memories that are cherished for a lifetime and passed on to the next generation. We asked Junior League members to share their favorite holiday traditions with us.

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**My favorite holiday is Thanksgiving. I try to carry on the traditions of my grandmother and mother. Thanksgiving is the one holiday when my entire family is together. The time in the kitchen with my daughter preparing dressing and macaroni and cheese using family recipes is priceless just as I had done with my mother.**

—Victoria Robinson, provisional

**My favorite family tradition began when my nephews were toddlers. My mother opened her kitchen to the boys for baking Christmas cookies. From the rolled dough to the cookie cutters, and the homemade frosting to the flour (all of the flour!), nothing was off limits. That tradition has continued and now my two girls are in the kitchen covered in flour and sugar from head to toe learning to bake cookies with their grandmother.**

—Morgan Arrington, active

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**I am Italian and in our family we celebrate Christmas Eve by getting dressed up and having everyone (family, friend and anyone who doesn’t have family in the area) over for homemade spaghetti and meatballs. After dinner, we all attend Mass together. The smell of Marinara sauce permeates the house since it simmers on the stove all day. I hope my children remember Christmas Eve dinner as one of their favorite meals when they grow up and are on their own!**

—Gina Izer, sustainer

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**My favorite family tradition is opening everyone’s Christmas Eve gift of new pajamas and then taking pictures in front of the tree before bed. We start out with nice normal pictures, but they get sillier as we go on.**

—Courtney Overlock, provisional

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**One of my favorite holiday traditions was getting together with family and having dinner that was prepared by my grandmother, who was an excellent cook. Ambrosia was a dish that I can always remember having around the holiday season. It’s a good thing! Ingredients include:**

- Remove or “hunk out” meat from 1 bag of naval oranges—big and seedless. Otherwise, make sure to remove seeds
- Stir in 1 package of thawed coconut
- Add 1/2 inch of granulated sugar
- Cover and refrigerate overnight
- Next morning, add sugar (if needed) and a splash of orange juice (not from concentrate)

Another favorite tradition of mine was having a brand new pair of Christmas pajamas. I’m loving the 90210 doll!!

—S. Cody Colson, active
My favorite holiday tradition is going to my Grandfather’s farm for Thanksgiving. We used to operate a Christmas Tree farm on his land and would open the day after Thanksgiving. From the time I was a baby to my teenage years, we used to eat lunch and get everything ready to start selling Christmas trees. While we no longer grow or sell Christmas trees, we now celebrate the holiday by gathering as a family, toasting champagne to all that we are thankful for, and enjoying a delicious Thanksgiving meal.

—Katie Richard, provisional

I have used my mother-in-law’s recipe for over 25 years. This is the original typed recipe that she gave me. She passed away in January of 2015. I make these pumpkin rolls for family and friends at Christmas. My son, Brent, loves them the most! He is married and lives in Birmingham so I haven’t been making that many for the past 5-6 years. Where I was making 15-20, I am now only making 5-8 each Christmas.

Pumpkin Roll Recipe

Beat Together:

- 3 eggs
- 1 cup of sugar
- 2/3 cup of canned pumpkin

Add:

- 1 tsp baking soda
- 1 tsp cinnamon
- ¾ cup plain flour

Grease and flour or use Pam on cookie sheet. Bake for 15 minutes at 375. Sprinkle smooth cloth or towel (not terry cloth) with powdered sugar and turn cake out on cloth while hot. Then roll cloth and cake into a roll and let cool completely.

Cream Cheese Filling Recipe:

- 8 oz cream cheese
- 4 tbs margarine—softened
- 1 cup powdered sugar
- ½ tsp vanilla

Mix all the above ingredients together and unroll cake. Spread filling over cake. Roll back up and wrap in saran wrap and foil. Cut to desired lengths.

Can be frozen or kept in refrigerator.

—Rennie Crabb, sustainer

Spending 20 years in the Air Force and moving around a lot, didn’t afford me much opportunity to create traditions. For the most part, it was a Holiday.

However, since retiring and settling in Montgomery I can now say I have a tradition I look forward to and that is gathering every year with 3 beautiful ladies (you know who you are) that I met when I joined the Junior League! We hit it off instantly and not only are they my friends but are family to me.

Our tradition started over five years ago, when we all decided to gather during the holidays, pick a restaurant, spend an evening eating and drinking and just having a fun time together, then ending the evening with dessert and the exchanging of gifts.

The first time we exchanged is where our tradition started. Without the other knowing we ALL bought identical gifts for each other, for example, 3 scarfs, different colors, 3 necklaces, same but different in some small way, 3 bottles of wine, making sure it is that perfect bottle for each, and so on. Every year it was all about finding the perfect gifts for 3 not forgetting they all had to be the same! Thinking back I still smile, when I think about the jokes made, the facial expressions when gifts were opened and the smiles that followed, all of us trying our best to be more creative than the other.

This “Traditional” Holiday, it is one that I look forward to every year! The nice thing about this tradition, is with our busy schedules we sometimes don’t get to meet during the actual Christmas holiday, so in years past we have celebrated Christmas in January, April and even in July! It’s crazy I know, but it’s our tradition and it works!

—Julia Schneider, active

Favorite holiday tradition is a childhood memory of going to my grandparent’s home in Louisville on Christmas Eve, riding there and back in the wood-paneled station wagon with my parents and brothers singing carols which of course included “Over the river and through the woods, to grandmother's house we go!” It tickled me immensely as we sang those words on the way home, too. The ride home was Christmas night, dark, sometimes cold and rainy, and a final rendition of Silent Night filled the wagon with the embracing warmth of God’s joy and love. By the time we turned into our long dirt road at Pike Road, we three kids were sound asleep.

—Anne Free, sustainer
Welcome First Year Actives!

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<td>Hannah Hawk</td>
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Farzaneh “Fari” Bearman from San Diego
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Thank you, Junior League!

SPOTLIGHT
September 13, 2016

Junior League of Montgomery
3570 Carter Hill Road
Montgomery, AL 36111

To: Junior League of Montgomery Officers and Members

On behalf of the Booker T. Washington Magnet High School faculty, staff, and students, thank you for supporting our program. Your generous donation of $17,500.00 to the BTHS magnet program is greatly appreciated. Because of your generous donation, we have the opportunity to purchase additional books, supplies, and other materials that will benefit our students.

Thank you again for your continued support of our efforts.

Sincerely,

[Signature]

August 3, 2016

Junior League of Montgomery
3570 Carter Hill Rd
Montgomery, AL 36111

To: kicks@impactalabama.org

Thank you for your support of Impact Alabama and our initiatives. This letter is to confirm that Impact Alabama recently received a contribution from The Junior League of Montgomery in the amount of $8,950 in support of our SaveFirst initiative during the 2016-2017 program year.

Impact Alabama has seen tremendous growth and success since its inception eleven years ago and this simply would not have been made possible without the generosity of organizations like yours.

Thank you, again, for all of your support.

Sincerely,

[Signature]
### Women of Montgomery Embracing and Nurturing Hope of Prevention and Eradication of Breast Cancer

Women of Hope offers a support group meeting the 2nd Tuesday of each month free of charge to any breast cancer patient/survivor, caregiver, family member, friend, or anyone interested in becoming a part of this compassionate journey.

**Frazier United Methodist Church, Room 8114 | 5:30 PM | Light Refreshments**

We encourage you to bring a friend and join us as we pledge to give hope, promote healing and advance our community for the cause!

*Hope is the assurance that one day we will be able to live cancer free.*

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Susannah Cleveland
Director of Admissions

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